

Description of the 2024 Buckland sur Gravelle route

Presented by



NOTICE

This document was translated using the MS Word translation tool. We apologize for any errors. Information on images was not translated. Do not hesitate to send us your questions.

SUMMARY

You will find all the explanations and details of the Petit and Gros Buck route. At the end of the document, a summary of the key points, climbs and refreshments is available.





Description of the 2024 Buckland sur Gravelle route



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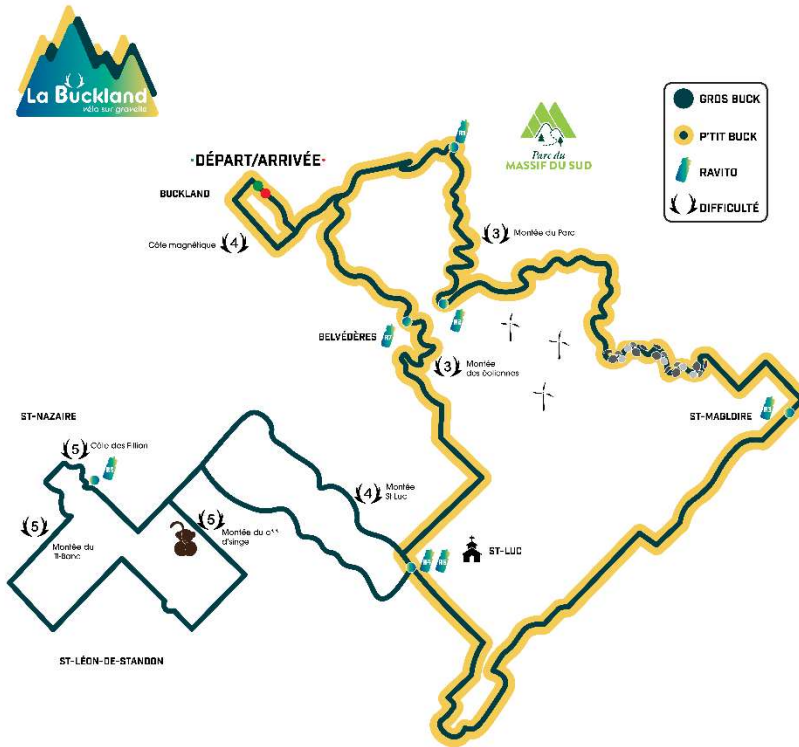


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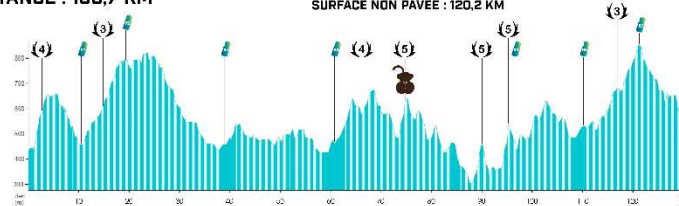
GPX Petit Buck 83km

GPX Gros Buck 130km



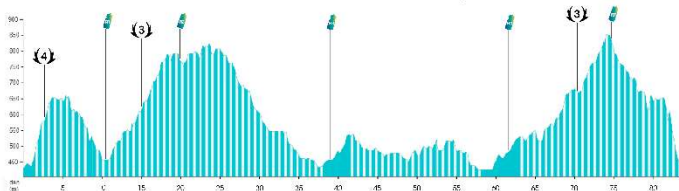
GROS BUCK DISTANCE : 130,7 KM

DÉNIVELÉ : +2643 M / -2632 M
SURFACE PAVÉE : 10,5 KM
SURFACE NON PAVÉE : 120,2 KM



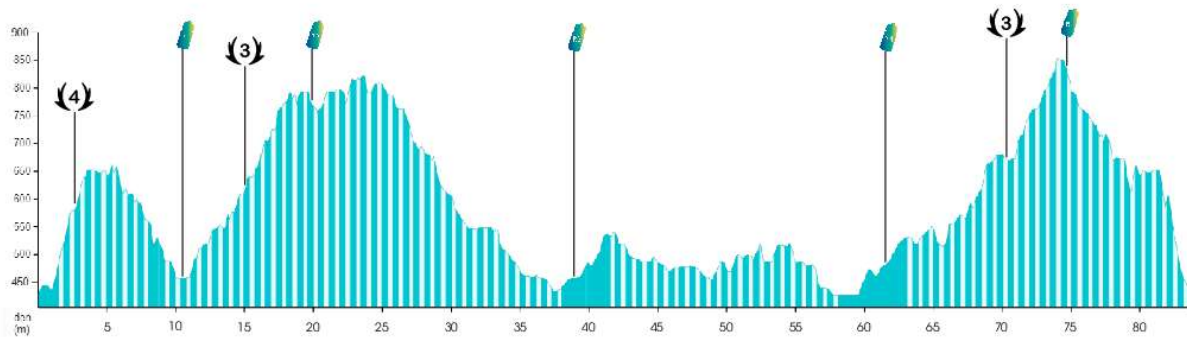
P'TIT BUCK DISTANCE : 83,7 KM

DÉNIVELÉ : +1499 M / -1500 M
SURFACE PAVÉE : 5 KM
SURFACE NON PAVÉE : 78,7 KM





Description Petit Buck: 83km 2000d+



Sector 1: Departure to the top of the magnetic hill (KM 1 @ KM 4)

The start will be an exciting moment with memorable images! Enjoy the free coffee offered by the local pub and the mechanical support for your bike offered by Veloptimum before the start.

The peloton will be controlled over a distance of 1 km, from the start to the bottom of the magnetic hill. This first climb is among the 5 most difficult climbs of the course (Category 4 Bucks / length of 2 kms). It will take you 10 and 20 minutes to climb it and face your first sections with a difference in altitude of more than 15%. In short, a good warm-up for the future

Tip: Don't burn your cartridges here; The day has only just begun

Sector 2: Summit of Magnetic Hill to the top of Parc du Massif (KM 4 @ KM 18.5)

This section offers two aid station points. The first at Parc du Massif (KM 11) before starting the second major climb of the course, and the other when you arrive at the majestic Parc des Éoliennes (KM 18.5). The climb of the park is superb (Category 3 Bucks / 7 kms); so beautiful that you won't even feel it. It is hidden in the forest and runs along a stream from its base to the top. The climb is gradual and winding, with switchbacks in the steepest sections. However, it does not have any double-digit difference in altitude.

Tip: Save your strength, the climb is nice and fast, but there's still a long way to go !

Sector 3: Refreshment station # 2 to the aid station # 3 (KM 18.5 @ KM 36.5)



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Be careful, this section is the rockiest, with large rocks conducive to punctures. It is a hilly section but mainly downhill, so fast. For your safety, two motorcycles will patrol the Sector with puncture repair kits and basic tools in case of mechanical problems.

The first 9 kilometres of this section take the panoramic route that winds through the wind farm. The landscapes are grandiose and the proximity to the wind turbines is impressive. The next 4 kilometres take you along a mountain bike trail with rough rocks. Keep a safe distance to anticipate obstacles and choose your line carefully. Better to lose a few seconds than to get a flat tire. A breakdown station with repair kit will be available at the exit of this track.

Tips: Keep your hands in the drops of the handlebars and not on the hoods to minimize the risk of slipping hands.

Look far ahead to predict the rocks.

If you lose a canister, empty canisters will be available at Supply 3.

Sector 4: Aid station # 3 at aid station # 4 (KM 36.5 @ KM 62)

Probably the most rolling section of the course. Enjoy the beautiful scenery and refuel, but be hungry for aid station 4, the central aid point of the route, where you can enjoy a delicious grilled cheese. You will also have access to a variety of food and toilets, all accompanied by background music to motivate you for the rest of the adventure.

Tips: If you're racing, it's time to ride. If you're here for the challenge, take some time to relax and enjoy the day.



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Sector 5: Aid station # 4 at aid station # 5 (KM 62 @ 73.5)

This section is the last difficult one, almost entirely uphill until the last aid station. Only one steeper climb is the one leading to the entrance to the Massif du Sud wind farm; however, it was short-lived. Once on the scenic road to the wind farm, you undertake a gradual and pleasant climb (Category 3 Bucks / 7 kms) with incredible views and gigantic wind turbines just above your heads. This climb will take you to the last aid station point of your day.

Sector 6: Refreshment station # 5 at the finish (KM 73.5 @ KM 83) AND

Enjoy a short rest at the last aid station point; probably the most beautiful viewpoint in the area. Starting from the aid station, a last small climb awaits you; A real pain in the ass that we would have liked to avoid. Afterwards, you will embark on the final 10 km descent to the finish. A wide and fast descent dotted with a few rocks and gravel that is sometimes surprising.

After the last right turn, you will be on a lumberjack lot. Not very technical, but watch out for the rocks hidden in the grass. Once out of the woods, the finish is 200 m away. Watch out for the last bend, it comes fast and is surprising!

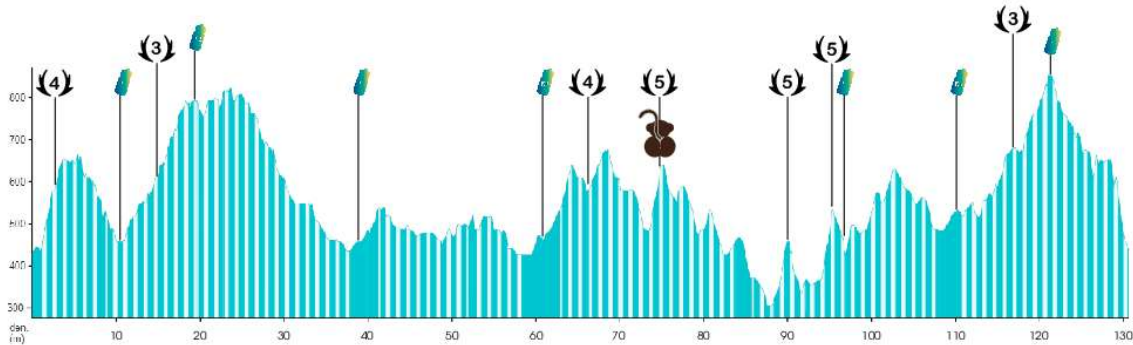
Tip: Keep the right if you can't see far ahead; this section is used by several mountain bikes.

Keep your hands in the recesses of the handlebars and not on the hoods

Despite fatigue and excitement, look far ahead to anticipate obstacles.



Description Gros Buck 130km 3000m d+



Sector 1: Departure at the top of the magnetic hill (KM 1 @ KM 4)

The start will be an exciting moment with memorable images! **Enjoy the free coffee offered by the local pub** and the mechanical support for your bike offered by Veloptimum before the start.

The peloton will be controlled over a distance of 1 km, from the start to the bottom of the magnetic hill. This first climb is among the 5 most difficult climbs of the course (Category 4 Bucks / length of 2 kms). It will take you 10 and 20 minutes to climb it and face your first sections with a difference in altitude of more than 15%. In short, a good warm-up for the future

Tip: Don't burn your cartridges here; The day has only just begun



Sector 2: Summit of Magnetic Hill at the top of Parc du Massif (KM 4 @ KM 18.5)

This section offers two aid station points. The first at Parc du Massif (KM 11) before starting the second major climb of the course, and the other when you arrive at the majestic Parc des Éoliennes (KM 18.5). The climb of the park is superb (Category 3 Bucks / 7 kms); so beautiful that you won't even feel it. It is hidden in the forest and runs along a stream from its base to the top. The climb is gradual and winding, with switchbacks in the steepest sections. However, it does not have any double-digit difference in altitude.

Tip: Save your strength, the climb is nice and fast, but there's still a long way to go!

Sector 3: Aid station station # 2 at aid station # 3 (KM 18.5 @ KM 36.5)

Be careful, this section is the rockiest, with large rocks conducive to punctures. It is a hilly section but mainly downhill, so fast. For your safety, two motorcycles will patrol the Sector with puncture repair kits and basic tools in case of mechanical problems.

The first 9 kilometres of this section take the panoramic route that winds through the wind farm. The landscapes are grandiose and the proximity to the wind turbines is impressive. The next 4 kilometres take you along a mountain bike trail with rough rocks. Keep a safe distance to anticipate obstacles and choose your line carefully. Better to lose a few seconds than to get a flat tire. A breakdown station with repair kit will be available at the exit of this track.

Tips: Keep your hands in the drops of the handlebars and not on the hoods to minimize the risk of slipping hands.

Look far ahead to predict the rocks.

If you lose a canister, empty canisters will be available at Supply 3.

Sector 4

Aid station # 3 at aid station # 4 (KM 36.5 @ KM 62)



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Probably the most rolling section of the course. Enjoy the beautiful scenery and refuel, but be hungry for aid station 4, the central aid point of the route, where you can enjoy a delicious grilled cheese. You will also have access to a variety of food and toilets, all accompanied by background music to motivate you for the rest of the adventure.

Tips: If you're racing, it's time to ride. If you're here for the challenge, take some time to relax and enjoy the day.

Sector 4: Aid stations # 4 at aid station # 5 (KM 62 @ KM 96)

This is the most difficult section of the course. Not very technical, but with the 4 most difficult climbs in 35 km; Speed ratios of more than 1:1 will be appreciated on this Sector. The sector starts with the Côte de St-Luc as soon as you leave the village (Category 4 Bucks / 5 kms), a long, constant climb that will allow you to digest the grilled cheese. Afterwards, you will tackle the hill nicknamed "The Monkeys' Ass" (because of its position, behind the monkey faces) (Category 5 Bucks / 2 kms). It is a long straight line that is steeper and steeper, up to 24% steep, covered with soft gravel in places. Then, the climb to the Ti-Banc (Category 5 Bucks / 2 kms) still steep slope of more than 10%, but a ti-banc awaits you at the top! Finally, before the aid station # 5, the climb of the Route des Fillion (Category 5 Bucks / 1.5 km), with very soft gravel, two big curves and a constant difference in altitude of more than 10% and peaks of more than 15%.

Tip: Eat, eat, eat in this section.

Sector 5: Aid stations # 5 at aid station #6 (KM 96 @ KM 110)

Nothing major but no rest on this Sector. The whole thing starts with a good climb starting from aid station #5 followed by several successive climbs and descents. You will then be back at the St-Luc aid station with its grilled cheese, waffles and everything you need to refuel before attacking the last 20 kilometers and the climb of the wind farm.

Sector 6: Aid station station # 6 at aid station # 7 (KM 110 @ 120.5)

This section is the last difficult one, called the Col des Éolienne, almost entirely uphill until the last aid station. Only one steeper climb is the one leading to the entrance to the Massif du Sud wind farm; however, it was short-lived. Once on the scenic road to the wind farm, you undertake a



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gradual and pleasant climb (Category 3 Bucks / 7 kms) with incredible views and gigantic wind turbines just above your heads. This climb will take you to the last aid station point of your day.

Sector 7

Aid station station # 7 at the finish (KM 120.5 @ KM 130)

Enjoy a short rest at the last aid station point; probably the most beautiful viewpoint in the area. Starting from the aid station, a last small climb awaits you; A real pain in the ass that we would have liked to avoid. Afterwards, you will embark on the final 10 km descent to the finish. A wide and fast descent dotted with a few rocks and gravel that is sometimes surprising.

After the last right turn, you will be on a lumberjack lot. Not very technical, but watch out for the rocks hidden in the grass. Once out of the woods, the finish is 200 m away. Watch out for the last bend, it comes fast and is surprising!

Tip: Keep the right if you can't see far ahead; this section is used by several mountain bikes. Keep your hands in the drops of the handlebars and not on the hoods and despite fatigue and excitement, look far ahead to anticipate obstacles.



Summary of the route

Major Hills in the Petit Buck (83km)

Kilometre	Name	Difficulty (in Buck's number)
1-4	Magnetic Rating	(4)
11-18	Massif Park Hill	(3)
63-74	Col du Parc des Éolienne	(3)

Major Hills in the Gros Buck (130km)

Kilometre	Name	Difficulty (in Buck's number)
1-4	Magnetic Rating	(4)
11-18	Massif Park Pass	(3)
62-64.5	Côte de St-Luc	(4)
73.5-75	Monkey's Ass	(5)
87.8-90	Ti-Banc Coast	(5)
94-95.5	Fillion Coast	(5)
113-121	Col du Parc des Éolienne	(5)



Description of the 2024 Buckland sur Gravelle route



Risky sections

Kilometre	Description
22-31	Fast descents with several unstable rocks. You have to look ahead and keep your hands in the drops of the handlebars.
31-33	Mountain bike trail with several fixed rocks. Risks of punctures and shocks. Keep a distance from the person in front of you and, as in all descents, look ahead and keep your hands in the drops of the handlebars.
Wind turbine downhills 121-127 (Gros Buck) 74-80 (Petit Buck)	Fast descents with several unstable rocks, look ahead and keep your hands in the recesses of the handlebars.
Last KM	Slightly technical descents, with some surprising turns, but above all difficult because of fatigue.



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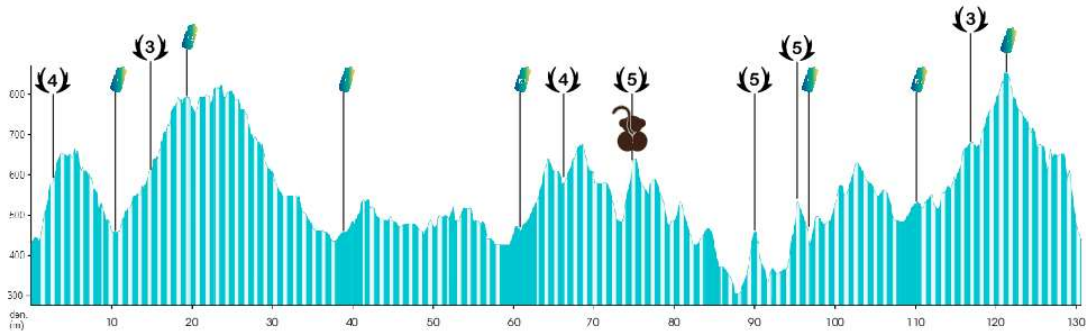
Aid station details

#	Position	Distance		Aid Station Details
		Little Buck km	Big Buck km	
1	Parc du Massif	11	11	water
2	Massif Coast Summit	19	19	Water, Gatorade, bananas, cookies
3	St-Cyrille (Saint Magloire)	36	36	Water, Electrolytes, Gatorade, Banana, Xact, Cookies
4	St-Luc Church	60	60	Grilled Cheese, Water, Electrolytes, Gatorade, Bananas, Xact, Cookies, Gels, Pretzel, Bars, Candy, Soft Drinks, Toilet
5	Little House on the Prairie	N/A	73	Water, Electrolytes, Gatorade, Banana, Gatorade and Xact, Cookies, Gels, Pretzel, Soft Drinks
6	St-Luc Church	N/A	105	Grilled Cheese, Water, Electrolytes, Gatorade, Bananas, Xact, Cookies, Gels, Pretzel, Bars, Candy, Soft Drinks, Toilet
7	Wind Turbine Belvedere	72	116	Water, soft drinks
	Arrival	82	130	Water, fruit, milk, chocolate, beer, and lunch after race

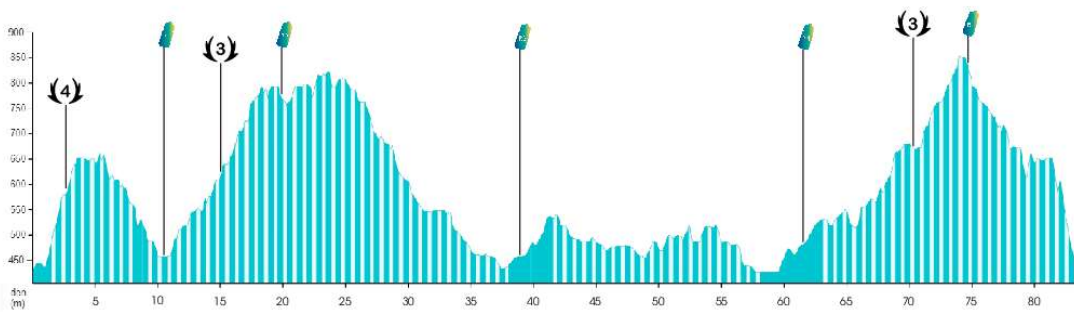


Printables elevations to bring with you

Gros Buck (130km 3000d+)



Petit Buck (83km 2000d+)





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Our 2024 partners

A big thank you for their help and financial support

